

Partners Link

www.partners-west.org

June 2010



July 2010

Amazing things are happening with Partners every month. **June is National Safety Month** go to www.nsc.org/nsm for more info. Know someone who would like to support a child in your community? Tell them about how they can get involved in Partners Mentoring!

Montrose/Ouray County 249-1116

Gayle Davidson

Executive Director

Kathy Gordon

Executive Assistant

Donna Jackson

Administrative Assistant

Amiessa Jutten

Montrose/Ouray Case Manager

Lisette Riviere

Montrose/Ouray Art Partners

Case Manager

Kristi Harvey

Marketing and Special Events Coordinator

Richard Harvey

Community Resource Development

Delta County 874-4661

Betsy Shepherd

Program Director for Partners and Delta Case Manager

Julianne Johnson

Art Partners Case Manager

Erica Tuck

Administrative Assistant

NEW MATCHES

One to One

3-30 Raul Oliva & Luis C

4-14 Jennifer Nichols &

Aranda L

5-18 Mogli Cooper &

Haley S

NEW MATCHES

Art Partners

3-27 Sherry Polcyn &

Natalie H

4-27 Peggy Papon &

Alexa E

With the support of our Senior Partners, Volunteers, and Donors like YOU, we continue to grow and reach more children each year. **You make change happen!**

There are still children waiting for a strong adult presence. **Recommend a friend** to be a Senior Partner and change the life of a child. Thank You for all you do! **Keep spreading the word!**

“Strong Will & Focus

=Accomplishment.”

by Betsy Shepherd

Jim Allen and Daniel W. Matched in 07.

For those of you who missed the Appreciation Dinner, not only did you miss a terrific meal but you missed an inspiring speech by Senior Partner Jim Allen about why mentoring is so important. Let me introduce you to Jim and his Junior Partner, Daniel.

I caught up with Jim and Daniel for coffee to see what their secrets to a good mentoring relationship were.

When asked about their accomplishments, both are quick to proclaim that they have successfully ridden in the Partner’s Challenge Ride two years in a row. Jim says that Daniel really hit his stride in the second year, was physically stronger and had more maturity to handle the 5000 feet of climbing that was required on his bike. Daniel also raised a lot of money for Partners by gathering pledges for his rides.

Jim and Daniel taught the Kite Building and Flying activity to Partnerships and Nexus Kids for the last three years. They share a lot of involvement in each other’s lives. Jim has tutored Daniel in math and reading, they play racquetball and basketball regularly, hike and fly fish, and fly electric planes at the “Field of Dreams.” Jim says that Daniel is a fine young man, fun to be around, who makes friends easily. Daniel has benefited from his growth, education and church activities to become a respected young man in Cedaredge that all the young kids know and like.

Daniel likes the time he spends with Jim. He says, “Its fun, even when Jim wallops me in racquetball. And I know how important it is for me to get a high school diploma now.” They both agree that it always goes better for Daniel when he combines his strong will and focus. Then he can accomplish anything. Even another Partners Challenge Ride this year.

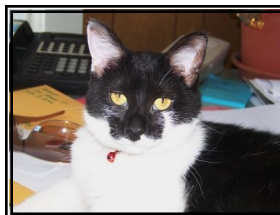


Jim Allen and Daniel W. at the Partners Challenge Mountain Bike Ride 2009

Delta Fine Arts opened an Art Exhibition and sale at the Apple Shed Arts Complex in Cedaredge on May 26th. Partners was proud to present a blue ribbon to Christine Henjy, an Art Partner, in recognition of her work. Christine was first matched with Janice Parizo and has continued to develop her artistic skills. The Delta Fine Arts exhibit will be on display for five weeks. We encourage you to visit the Apple Shed Gallery to see Christine’s work and that of the many talented artists in our area.



The Scoop with Mystery the Cat



CONGRATULATIONS TO ALL GRADUATES OF 2010 .

Congrats to all you 2010 graduates of high school and middle school. I know you have worked hard to graduate. Please don’t allow poor judgment with use of drugs or alcohol to deter you from setting and succeeding at your educational and personal goals. Keep your eyes on the prize. I wish you a happy healthy life full of good relationships and rewarding work.

Mystery the Partners Cat, on the job 21/7

Talk Often, Talk Early

The Teen Advisory Board takes on a new cause with Teen Alcohol Abuse Prevention. Here are a few things you can do to help the young people in your life.

Between the ages of 9 and 13, children start to think differently about alcohol. Many children begin to think underage drinking is OK and some even start to experiment. It's never too early to talk to your children about alcohol, and encourage them to talk with you.

Over 70% of children say parents are the leading influence in their decision to drink or not. As children approach their teen years, they begin to experience many emotional and physical changes – changes that are not always easy. During this challenging and confusing time, even good children may experiment with alcohol. For most children, it's not just one thing that influences them to drink, but a combination of factors. For more information go to www.underageddrinking.samhsa.gov

Calendar of Events

Partnership & Nexus Activities

Saturday June 5th All Day starts at 9am
Partnerships all day Rafting trip on the Gunnison River from Escalante to Bridgeport.
Call your local case manager ASAP for more info. Additional waivers are needed.

Wednesday, June 16th 1pm to 3pm
Swim Day

Nexus and Brown Center will be invited to swim at the Montrose Aquatic Center

Thursday, July 8th All Day

Brown Center, Nexus Kids Rafting with the BLM River Rangers. All day trip on the Gunnison River. Additional Waivers required. Look for postcard with additional info.

Saturday, July 17th

Huck Finn Day Fishing Derby

Ridgway State Park, Pa-co-chu-puk entrance. Partnerships, Nexus & BC. We need to be there at 8:30 AM. Fishing poles for the kids provided & awards handed out. We will also have a BBQ & art project.

Saturday, July 24th

Partners 13th Annual Golf Classic go to the website for more information and to register.

Happy Birthday

June

6-5 Kathryn Steckel
 6-11 Jorge C
 6-14 Rachal K
 6-15 Bryan Card
 6-16 Brooke Anne B
 6-16 Rodney Ragsdale
 6-20 Haley S
 6-20 Kathy Wellman
 6-21 Shelby R
 6-21 Suke Strong
 6-23 Jemletta P
 6-24 David Delo
 6-24 Carolee Hawkins
 6-26 Jolie Clark
 6-28 Dylan B
 6-28 Priscilla Roberts
 6-28 Kitty Tattersall

JULY

7-1 Michael F
 7-1 Ryan Henn
 7-1 David Williams
 7-5 Roy Broadbooks
 7-5 Shawn McKearnan
 7-5 Katie S

JULY (cont.)

7-6 Laurie Mingen
 7-7 Penny Richardson
 7-8 Greyson M
 7-10 Amelia S
 7-11 Gaye Cox
 7-12 Baley W
 7-14 Marce Montano
 7-15 Dustan H
 7-15 Laura Weaver-Rosten
 7-16 Jim Allen
 7-17 Wade E
 7-18 Luis C
 7-19 Hannah W
 7-20 Destiny S
 7-21 Kaytlin B
 7-22 Catherine Crowell-Rees
 7-22 Jacquilyn V
 7-23 Rebekah H
 7-24 Theo W
 7-25 Cody B
 7-26 Bob Page
 7-27 Jean Birkholtz
 7-27 Jared P
 7-27 Judy Snedeker
 7-28 Austan W
 7-29 Geraldine Harvey
 7-30 Brianna A
 7-31 Hannah B
 7-31 Hendricka Cegielski
 7-31 Kristi Harvey

SUMMER SAFETY TIPS

Keep your family safe this summer by following these tips from the American Academy of Pediatrics (AAP). **FOR THE FULL STORY GO TO www.aap.org/**

SUN PROTECTION

* Apply sunscreen at least 30 minutes before going outside, and use sunscreen even on cloudy days. The SPF should be at least 15 and protect against UVA and UVB rays.

* The first, and best, line of defense against the sun is covering up.

* Stay in the shade whenever possible, and limit sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m.

* Reapply sunscreen every two hours, or after swimming or sweating.

* Use extra caution near water, snow, and sand as they reflect UV rays and may result in sunburn more quickly.

HEAT STRESS IN EXERCISING CHILDREN

* Before prolonged physical activity, the child should be well hydrated. During the activity, periodic drinking should be enforced, for example, each 20 minutes, 5 oz of cold tap water or a flavored sports drink for a child weighing 90 lbs, and 9 oz for an adolescent weighing 130 lbs, even if the child does not feel thirsty.

* Clothing should be light-colored, lightweight and limited to one layer of absorbent material to facilitate evaporation of sweat.

POOL SAFETY

* Never leave children alone in or near the pool, even for a moment.

* Avoid inflatable swimming aids such as "floaties." They are not a substitute for approved life vests and can give children a false sense of security.

* Children may not be developmentally ready for swim lessons until after their fourth birthday. Swim programs for children under 4 should not be seen as a way to decrease the risk of drowning.

* Whenever infants or toddlers are in or around water, an adult should be within arm's length, providing "touch supervision."

PLAYGROUND SAFETY

* Never attach—or allow children to attach—ropes, jump ropes, leashes, or similar items to play equipment; children can strangle on these.

* Make sure metal slides are cool to prevent children's legs from getting burned.

* Parents should supervise children on play equipment to make sure they are safe.

BICYCLE SAFETY

* Do not push your child to ride a 2-wheeled bike until he or she is ready, at about age 5 or 6. Consider the child's coordination and desire to learn to ride. Stick with coaster (foot) brakes until your child is older and more experienced for hand brakes.

* Take your child with you when you shop for the bike, so that he or she can try it out. The value of a properly fitting bike far outweighs the value of surprising your child with a new one. For more information on finding the proper fit, go to <http://www.aap.org/family/bicycle.htm#choosing>

* Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many accidents happen in driveways, on sidewalks, and on bike paths, not just on streets. Children learn best by observing you. Whenever you ride, put on your helmet.

* When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.

* A helmet protects your child from serious injury, and should always be worn. And remember, wearing a helmet at all times helps children develop the helmet habit.

Team Effort Big O and Partners

Don't forget! Save Money, Get Tires, Help Partners provide better services to our Partnerships! Call for more details. The Delta office at 511 E 10th St (874-4661) or the Montrose office at 315 South Seventh Street (249-1116). Take advantage of this **generous offer**.

You can help generate funds for Partners each time you shop at City Market

If you use a **City Market Value card**, you can designate that a percentage of all of your purchases be donated to Partners. **You don't pay any more for your groceries --** City Market simply credits us with a donation amount every time you shop and scan your card. However, you must register your card with Partners. To do that, simply give your name and your City Market card number to any Partners Staff and they will take care of the rest. Your friends can also register to have donations made to Partners, so spread the word! It is an easy way to give and help our kids. Call 249-1116 if you have any questions.

Partners
 of Delta Montrose and Ouray
 is proud to be sponsored in part by



Partners of Delta, Montrose and Ouray is a non-profit organization working toward a future where every child receives positive guidance and encouragement. Within our communities, Partners provides many opportunities for you to share your talents and energy with our youth. Our program is a wonderful opportunity for you to make a difference in the life of a child. Get involved today by [contacting us](#) - you may be surprised what a difference it will make in your life too!

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